



Support. Education. Local Events.  
*for Adoptive Families*



## PARC 101

By Post Adoption Resource Center

**Being an adoptive parent is one of the most rewarding jobs in the world, but it can also be incredibly tough.**

Some adoptive parents don't know where to turn for help when challenges arise. At the Post Adoption Resource Center (PARC), we're here to walk alongside you through the highs and lows.

Your adoption journey doesn't end when you finalize an adoption—and neither should your support system. We offer a variety of services, ranging from intensive case management to monthly family fun events.

Our team of professionals—some of whom are adoptive parents themselves—work with families to identify their individual needs, find services and resources in their community, and provide opportunities to connect with local adoptive families.

All Michigan families who have adopted a child—domestically, internationally, or through foster care—can receive our services and support. Throughout this newsletter you'll learn about the various services PARC can offer you and your family.

### **Case management**

Some adoptive families find themselves in crisis, needing extra support, so case management is the most intensive

service we offer. Here, a post-adoption case manager will meet with you in your home to assess current struggles and provide resources and referrals to strengthen you.

Case managers can meet with you weekly, for as long as 6-8 weeks, as you work toward goals such as:

- Trauma-informed parenting support
- Behavioral strategies
- Safety planning
- Life-skills for teenagers transitioning into adulthood
- Locating additional community resources
- And much more

Your case manager can help you find additional services to achieve stability even after your case is closed.

### **Community services coordination and information access**

Who do you contact when you have questions about a medical subsidy or adoption assistance? Where do you look for a trauma-informed therapist? Who can help you navigate birth family relationships?

PARC is the answer to all of these common questions! If we don't know the answer, we'll work with you to find it.

"It takes a village to raise a child."

— African proverb

PARC team members help families seek adoption-related information and connect them with appropriate community resources. We often connect families to local therapists, adoption subsidy workers, and information about accessing adoption records. We can advocate for services such as special education, Medicaid, and mental health services. And we offer resources like books, DVDs, games, and Facebook groups with relevant articles and events.

## Adoptive family support

One of our best aspects is linking adoptive families together to create a sense of community.

We offer monthly support groups where parents can share triumphs and pitfalls and gain insight from other adoptive parents. And we host regular trainings and conferences on adoption-related topics.

We also offer family-friendly events, giving families more opportunities to foster new relationships.



## Adoption and Guardian Assistance Office

- Each eligible child may receive payment for one camp per year.
- A letter from adoptive parent(s)/legal guardian(s) indicating how the child will benefit from the camp based on the child's certified diagnosis is required.
- Overnight and day camps must be licensed in the state where they are located.
- Maximum payment for this service is \$500 for day camp or \$800 for overnight camp per calendar year.
- Prior approval is not required.

Learn more about [Adoption and Guardianship Assistance](#)



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Check out [postadoptionrc.org](http://postadoptionrc.org) for past editions of our newsletter, events, helpful articles, and more information about us and services we offer.

All three Post-Adoption Resource Centers have many family fun events planned, as well as support groups and trainings. Please check your Post Adoption Resource Center region's Facebook page or website, watch for monthly calendars, or give us a call to find out what is available near you.

### REGION 2

Bethany Christian Services  
1055 Carriage Hill Dr, Ste 2  
Traverse City, MI 49686  
**231-995-0870**

[parctc@bethany.org](mailto:parctc@bethany.org)

[facebook.com/PostAdoptionResourceCenterOfNorthernMI](https://www.facebook.com/PostAdoptionResourceCenterOfNorthernMI)

Alcona, Antrim, Alpena, Benzie, Charlevoix, Cheboygan, Crawford, Emmett, Grand Traverse, Iosco, Kalkaska, Leelanau, Manistee, Missaukee, Montmorency, Ogemaw, Otsego, Oscoda, Presque Isle, Roscommon, and Wexford counties

### REGION 3

Bethany Christian Services  
175 W Apple Ave  
Muskegon, MI 49440  
**231-924-3390**

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Arenac, Bay, Clare, Clinton, Gladwin, Gratiot, Ionia, Isabella, Lake, Mason, Mecosta, Midland, Montcalm, Newaygo, Oceana, Osceola, Saginaw, and Shiawassee counties

### REGION 4

Bethany Christian Services  
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Allegan, Berrien, Cass, Kent, Muskegon, Ottawa, and Van Buren counties

